

Public Swimming Times

Llanidloes Sports Centre

Accurate as of 18/09/2026

Times for Friday 18 September



Time	Session	Facility
8:00 am - 8:45 am	Nofio Ben Bore / Early Risers Swim	Pwll Nofio / Swimming Pool
9:00 am - 10:15 am	Nofio Ysgolion / School Swimming	Pwll Nofio / Swimming Pool
10:45 am - 11:45 am	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
11:45 am - 12:30 pm	Erobeg yn y D_r / Aqua Aerobics	Pwll Nofio / Swimming Pool
12:30 pm - 1:45 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
1:45 pm - 2:15 pm	Ysgol Nofio / Swim School	Pwll Nofio / Swimming Pool
2:15 pm - 3:15 pm	Nofio i 60+ / 60+ Swim	Pwll Nofio / Swimming Pool
2:15 pm - 3:15 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
3:45 pm - 5:15 pm	Clwb Nofio / Swimming Club	Pwll Nofio / Swimming Pool
5:15 pm - 6:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
6:00 pm - 7:00 pm	Splash Hwyl / Fun Splash	Pwll Nofio / Swimming Pool
7:00 pm - 8:30 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool