

# public swimming times

## Flash Leisure Centre

Accurate as of 05/05/2024

Times for Thursday 26 November



Time	Session	Facility
6:30 am - 7:30 am	Nofio Ben Bore / Early Risers Swim	Pwll Nofio--Swimming Pool
7:30 am - 9:00 am	Nofio Lon / Lane Swim	Pwll Nofio--Swimming Pool
4:00 pm - 6:00 pm	Ysgol Nofio / Swim School	Pwll Nofio--Swimming Pool
6:00 pm - 7:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio--Swimming Pool
8:00 pm - 9:00 pm	Nofio Lon / Lane Swim	Pwll Nofio--Swimming Pool