## public swimming times Flash Leisure Centre

## Accurate as of 03/05/2024

## **Times for Monday 30 November (** Facility Time Session 6:30 am - 7:30 am Nofio Ben Bore / Early Risers Swim Pwll Nofio--Swimming Pool 7:30 am - 9:00 am Pwll Nofio--Swimming Pool Nofio Lon / Lane Swim 9:00 am - 11:00 am Nofio Ysgolion / School Swimming Pwll Nofio--Swimming Pool 11:30 am - 12:45 pm Nofio Lon / Lane Swim Pwll Nofio--Swimming Pool 4:00 pm - 6:00 pm Ysgol Nofio / Swim School Pwll Nofio--Swimming Pool 7:00 pm - 8:30 pm Clwb Nofio / Swimming Club Pwll Nofio--Swimming Pool