

public swimming times

Flash Leisure Centre

Accurate as of 23/04/2024

Times for Monday 30 November



Time	Session	Facility
6:30 am - 7:30 am	Nofio Ben Bore / Early Risers Swim	Pwll Nofio--Swimming Pool
7:30 am - 9:00 am	Nofio Lon / Lane Swim	Pwll Nofio--Swimming Pool
9:00 am - 11:00 am	Nofio Ysgolion / School Swimming	Pwll Nofio--Swimming Pool
11:30 am - 12:45 pm	Nofio Lon / Lane Swim	Pwll Nofio--Swimming Pool
4:00 pm - 6:00 pm	Ysgol Nofio / Swim School	Pwll Nofio--Swimming Pool
7:00 pm - 8:30 pm	Clwb Nofio / Swimming Club	Pwll Nofio--Swimming Pool