gym programme
Knighton Sports Centre

Accurate as of 12/10/2024

Times for Thursday 26 November

Time	Session	Facility	Level
10:00 am - 11:00 am	Open Gym	gym	
1:00 pm - 2:00 pm	Open Gym	gym	
3:00 pm - 4:00 pm	Open Gym	gym	
6:00 pm - 7:00 pm	Open Gym	gym	