gym programmeKnighton Sports Centre

Accurate as of 17/05/2024

Times for Wednesday 2 December				(
Time	Session	Facility	Level	
10:00 am - 11:00 am	Open Gym	gym		
1:00 pm - 2:00 pm	Open Gym	gym		
3:00 pm - 4:00 pm	Open Gym	gym		
6:00 pm - 7:00 pm	Open Gym	gym		