

# The Pods Pool Timetable

## The Pods

Accurate as of 09/05/2026

### Times for Saturday 23 August



| Time               | Session                   | Facility            | # Lanes |
|--------------------|---------------------------|---------------------|---------|
| 8:00 am - 9:00 am  | Adult Swim                | Main Pool           | 5       |
| 8:00 am - 9:30 am  | Lanes                     | Main Pool           | 3       |
| 9:00 am - 11:00 am | SwimLincs                 | Small Teaching Pool |         |
| 9:00 am - 11:30 am | SwimLincs                 | Main Pool           | 6       |
| 9:30 am - 11:30 am | Lanes                     | Main Pool           | 2       |
| 11:30 am - 1:00 pm | Summer daze - family swim | Main Pool           |         |
| 11:30 am - 1:00 pm | Summer daze - family swim | Small Teaching Pool |         |
| 1:15 pm - 2:45 pm  | Funsplash                 | Main Pool           |         |
| 1:15 pm - 2:45 pm  | Funsplash                 | Small Teaching Pool |         |
| 3:00 pm - 4:00 pm  | Reserved for Parties      | Main Pool           |         |
| 3:00 pm - 4:00 pm  | Reserved for Parties      | Small Teaching Pool |         |