

The Pods Pool Timetable

The Pods

Accurate as of 09/05/2026

Times for Sunday 24 August



Time	Session	Facility	# Lanes
8:00 am - 9:00 am	Adult Swim	Main Pool	6
8:00 am - 10:30 am	Lanes	Main Pool	2
9:00 am - 10:30 am	Family Casual Swim	Main Pool	6
9:00 am - 10:30 am	Family Casual Swim	Small Teaching Pool	
10:30 am - 12:00 pm	Funsplash	Main Pool	
10:30 am - 12:00 pm	Funsplash	Small Teaching Pool	
12:00 pm - 1:15 pm	Lanes	Main Pool	2
12:00 pm - 1:15 pm	Casual Swim	Main Pool	6
12:00 pm - 1:15 pm	Casual Swim	Small Teaching Pool	
1:30 pm - 2:30 pm	Summer Daze - SEND swim	Main Pool	
1:30 pm - 2:30 pm	Summer Daze - SEND swim	Small Teaching Pool	
3:00 pm - 4:00 pm	Private Hire	Main Pool	
3:00 pm - 4:00 pm	Private Hire	Small Teaching Pool	
4:00 pm - 5:00 pm	Private Hire	Main Pool	
4:00 pm - 5:00 pm	Private Hire	Small Teaching Pool	