The Pods Pool Timetable

The Pods

Accurate as of 19/04/2026

Times for Tuesday 7 April

Time	Session	Facility	# Lanes
6:30 am - 7:30 am	Lanes	Main Pool	5
6:30 am - 8:30 am	Training Lane	Main Pool	1
6:30 am - 9:30 am	Lanes	Main Pool	2
7:30 am - 9:30 am	Adult Swim	Main Pool	5
9:00 am - 11:00 am	Crash course swimming lessons	Small Teaching Pool	
9:45 am - 10:45 am	Easter Daze	Main Pool	8
11:00 am - 12:30 pm	Casual Swim	Main Pool	
11:00 am - 12:30 pm	Casual Swim	Small Teaching Pool	
11:30 am - 12:15 pm	Good Boost	Main Pool	1
11:30 am - 12:30 pm	Lanes	Main Pool	2
12:30 pm - 1:30 pm	Family Casual Swim	Small Teaching Pool	
12:45 pm - 1:30 pm	Good Boost	Main Pool	1
12:45 pm - 1:30 pm	Training Lane	Main Pool	1
12:45 pm - 1:30 pm	Adult Lanes	Main Pool	6
1:45 pm - 2:45 pm	Giant pool inflatable	Main Pool	
1:45 pm - 2:45 pm	Funsplash	Small Teaching Pool	
3:00 pm - 3:45 pm	Good Boost	Main Pool	1
3:00 pm - 3:45 pm	Casual Swim	Main Pool	1
3:00 pm - 3:45 pm	Casual Swim	Small Teaching Pool	
4:00 pm - 5:30 pm	Casual Swim	Main Pool	2
4:00 pm - 7:00 pm	SwimLincs	Main Pool	6

Time	Session	Facility	# Lanes
4:00 pm - 7:00 pm	SwimLincs	Small Teaching Pool	
5:15 pm - 6:00 pm	Good Boost	Main Pool	1
5:30 pm - 9:00 pm	Adult Lanes	Main Pool	2
7:00 pm - 8:00 pm	Training Lane	Main Pool	1
7:00 pm - 8:00 pm	Casual Swim	Main Pool	5
8:00 pm - 9:00 pm	Adult Swim	Main Pool	7