

The Pods Pool Timetable

The Pods

Accurate as of 26/07/2026

Times for Sunday 26 July				
Time	Session	Facility	# Lanes	
8:00 am - 9:00 am	Adult Swim	Main Pool		
8:00 am - 10:15 am	Lanes	Main Pool	2	
9:00 am - 10:15 am	Family Casual Swim	Small Teaching Pool		
9:00 am - 10:15 am	Family Casual Swim	Main Pool	6	
10:30 am - 12:00 pm	Funsplash	Small Teaching Pool		
10:30 am - 12:00 pm	Funsplash	Main Pool		
12:00 pm - 1:15 pm	Casual Swim	Small Teaching Pool		
12:00 pm - 1:15 pm	Casual Swim	Main Pool	6	
12:00 pm - 1:15 pm	Lanes	Main Pool	2	
1:30 pm - 2:30 pm	Summer Daze - SEND swim	Small Teaching Pool		
3:00 pm - 4:00 pm	Private Hire	Small Teaching Pool		
3:00 pm - 4:00 pm	Private Hire	Main Pool		
4:00 pm - 5:00 pm	Private Hire	Small Teaching Pool		
4:00 pm - 5:00 pm	Private Hire	Main Pool		