

# swimming pool timetable

## Freedom Leisure Lydney

Accurate as of 03/05/2024

### Times for Monday 14 June



Time	Session	Facility	Level
9:00 am - 11:00 am	School Swimming	Indoor Pool	
11:00 am - 12:00 pm	Open Swim (2 lanes)	Indoor Pool	
12:00 pm - 12:45 pm	Aqua Aerobics	Indoor Pool	
12:45 pm - 1:30 pm	Aqua Aerobics	Indoor Pool	
2:15 pm - 5:15 pm	Open Swim (2 lanes)	Indoor Pool	
7:30 pm - 9:00 pm	Open Swim (2 lanes)	Indoor Pool	