swimming pool timetable Freedom Leisure Lydney

Accurate as of 17/05/2024

Times for Tuesday 15 June			©
Time	Session	Facility	Level
7:00 am - 9:00 am	Lane Swimming	Indoor Pool	
9:30 am - 11:00 am	School Swimming	Indoor Pool	
11:00 am - 3:15 pm	Open Swim (2 lanes)	Indoor Pool	
3:30 pm - 6:00 pm	Swim School	Indoor Pool	
6:15 pm - 7:00 pm	Aqua Aerobics	Indoor Pool	
7:00 pm - 8:00 pm	Open Swim (2 lanes)	Indoor Pool	