

swimming pool timetable

Freedom Leisure Lydney

Accurate as of 18/05/2024

Times for Friday 25 June			
Time	Session	Facility	Level
7:00 am - 9:30 am	Lane Swimming	Indoor Pool	
11:15 am - 12:00 pm	Aqua Aerobics	Indoor Pool	
12:00 pm - 12:45 pm	Aqua Aerobics	Indoor Pool	
6:00 pm - 7:30 pm	Competitive Swim Club	Indoor Pool	
7:30 pm - 9:00 pm	Open Swim (2 lanes)	Indoor Pool	