

# swimming pool timetable

## Freedom Leisure Lydney

Accurate as of 01/05/2024

### Times for Tuesday 2 April



| Time               | Session             | Facility    | Level |
|--------------------|---------------------|-------------|-------|
| 7:00 am - 9:00 am  | Lane Swimming       | Indoor Pool |       |
| 9:00 am - 12:30 pm | Open Swim (2 lanes) | Indoor Pool |       |
| 12:30 pm - 1:30 pm | Private Hire        | Indoor Pool |       |
| 1:30 pm - 3:30 pm  | Open Swim (2 lanes) | Indoor Pool |       |
| 3:30 pm - 6:00 pm  | Swim School         | Indoor Pool |       |
| 6:15 pm - 7:00 pm  | Aqua Aerobics       | Indoor Pool |       |
| 7:00 pm - 8:00 pm  | Open Swim (2 lanes) | Indoor Pool |       |
| 8:00 pm - 9:00 pm  | Open Swim (2 lanes) | Indoor Pool |       |