

# swimming pool timetable

## Freedom Leisure Lydney

Accurate as of 13/05/2026

### Times for Wednesday 13 May



Time	Session	Facility	Level
7:00 am - 9:00 am	Lane Swimming	Indoor Pool	
9:00 am - 10:00 am	Parents & Under 8s	Indoor Pool	
10:00 am - 1:00 pm	Open Swim (2 lanes)	Indoor Pool	
1:00 pm - 2:00 pm	School Swimming	Indoor Pool	
2:00 pm - 3:00 pm	Open Swim (2 lanes)	Indoor Pool	
3:00 pm - 6:00 pm	Swim School	Indoor Pool	
6:00 pm - 9:00 pm	Open Swim (2 lanes)	Indoor Pool	