

swimming pool timetable

Freedom Leisure Lydney

Accurate as of 13/05/2026

Times for Thursday 14 May



Time	Session	Facility	Level
7:00 am - 9:00 am	Lane Swimming	Indoor Pool	
9:00 am - 10:00 am	Swim School	Indoor Pool	
10:00 am - 1:00 pm	Open Swim (2 lanes)	Indoor Pool	
1:00 pm - 3:00 pm	School Swimming	Indoor Pool	
3:30 pm - 6:00 pm	Swim School	Indoor Pool	
6:00 pm - 8:00 pm	Competitive Swim Club	Indoor Pool	
8:00 pm - 9:00 pm	Open Swim (2 lanes)	Indoor Pool	