

swimming pool timetable

Freedom Leisure Lydney

Accurate as of 13/05/2026

Times for Sunday 17 May



Time	Session	Facility	Level
9:00 am - 10:00 am	Lane Swimming	Indoor Pool	
10:00 am - 11:00 am	Open Swim	Indoor Pool	
11:00 am - 12:00 pm	Open Swim	Indoor Pool	
12:00 pm - 5:00 pm	Open Swim (2 lanes)	Indoor Pool	
5:00 pm - 6:00 pm	Private Hire	Indoor Pool	