

swimming pool timetable

Freedom Leisure Lydney

Accurate as of 13/05/2026

Times for Tuesday 19 May



Time	Session	Facility	Level
7:00 am - 9:00 am	Lane Swimming	Indoor Pool	
9:00 am - 12:00 pm	Open Swim (2 lanes)	Indoor Pool	
12:30 pm - 1:30 pm	Private Hire	Indoor Pool	
1:30 pm - 2:30 pm	School Swimming	Indoor Pool	
2:30 pm - 3:30 pm	Open Swim (2 lanes)	Indoor Pool	
3:30 pm - 6:00 pm	Swim School	Indoor Pool	
6:15 pm - 7:00 pm	Aqua Aerobics	Indoor Pool	
7:00 pm - 9:00 pm	Open Swim (2 lanes)	Indoor Pool	