

# swimming pool timetable

## Freedom Leisure Newent

Accurate as of 24/04/2024

### Times for Wednesday 22 September



Time	Session	Facility	Level
9:15 am - 10:00 am	Aqua Aerobics	Indoor Pool	
10:15 am - 12:00 pm	Open Swim	Indoor Pool	
4:00 pm - 4:30 pm	Adult Gentle Swim	Indoor Pool	
4:30 pm - 6:30 pm	Swim School	Indoor Pool	
6:30 pm - 8:00 pm	Lane Swimming	Indoor Pool	