

# swimming pool timetable

## Freedom Leisure Newent

Accurate as of 19/05/2024

Times for Thursday 23 September				
Time	Session	Facility	Level	
9:00 am - 9:45 am	Aqua Aerobics	Indoor Pool		
9:45 am - 10:45 am	Open Swim	Indoor Pool		
11:00 am - 12:00 pm	Adults & Under 5s (Drop in)	Indoor Pool		
4:00 pm - 7:00 pm	Swim School	Indoor Pool		
7:00 pm - 8:00 pm	Techno Swim	Indoor Pool		