

# swimming pool timetable

## Freedom Leisure Newent

Accurate as of 11/05/2024

### Times for Thursday 28 March



Time	Session	Facility	Level
9:00 am - 9:45 am	Aqua Aerobics	Indoor Pool	
9:45 am - 10:45 am	Open Swim	Indoor Pool	
11:00 am - 12:00 pm	Adults & Under 5s (Drop in)	Indoor Pool	
4:00 pm - 7:30 pm	Swim School	Indoor Pool	
7:30 pm - 8:30 pm	Techno Swim	Indoor Pool	
8:30 pm - 9:15 pm	Adult Swim	Indoor Pool	