

swimming pool timetable

Freedom Leisure Newent

Accurate as of 28/04/2024

Times for Thursday 4 April



| Time | Session | Facility | Level |
|---------------------|-----------------------------|-------------|-------|
| 9:00 am - 9:45 am | Aqua Aerobics | Indoor Pool | |
| 9:45 am - 10:45 am | Open Swim | Indoor Pool | |
| 11:00 am - 12:00 pm | Adults & Under 5s (Drop in) | Indoor Pool | |
| 4:00 pm - 7:30 pm | Swim School | Indoor Pool | |
| 7:30 pm - 8:30 pm | Techno Swim | Indoor Pool | |
| 8:30 pm - 9:15 pm | Adult Swim | Indoor Pool | |