

Group Exercise Programme

Impington Sports Centre

Accurate as of 30/04/2024

| Times for Tuesday 18 May | | | |
|--------------------------|----------------|---------------|-----------------|
| Time | Session | Facility | Type |
| 19:30 - 20:15 | Studio Cycling | The Studio | Intense Workout |
| 19:30 - 20:25 | Swimfit | Swimming Pool | Swimming |