

Swimming Pool

Jubilee Sports Centre

Accurate as of 02/05/2026

Times for Friday 10 January



Time	Session
07:00 - 08:30	AU Swim Competitive (2 lanes)
07:00 - 09:00	Lane Swimming (4 lanes)
09:00 - 18:00	Lane Swimming (3 lanes)
09:00 - 18:00	General Swimming
17:30 - 19:30	Private Swim Lessons (1 lane)
18:00 - 19:00	Lane Swimming (2 lanes)
18:00 - 19:30	City of Soton Swim Club
19:00 - 20:30	Lane Swimming (3 lanes)
19:30 - 20:30	General Swimming
20:30 - 22:00	AU Swim Club Recreational