

# Swimming Pool

## Jubilee Sports Centre

Accurate as of 04/10/2026

| Times for Tuesday 6 October |                             |
|-----------------------------|-----------------------------|
| Time                        | Session                     |
| 07:00 - 08:30               | Lane Swimming (4 lanes)     |
| 07:00 - 08:30               | AU Swim Club Competitive    |
| 08:30 - 09:00               | Lane Swimming (6 lanes)     |
| 09:00 - 10:05               | Lane Swimming (3 lanes)     |
| 09:00 - 10:05               | General Swimming            |
| 10:05 - 11:05               | School Booking              |
| 11:05 - 15:45               | Lane Swimming (3 lanes)     |
| 11:05 - 15:45               | General Swimming            |
| 15:45 - 18:30               | Jubilee Swimming Academy    |
| 18:30 - 19:00               | Lane Swimming (5 lanes)     |
| 18:30 - 19:00               | Adult Swimming Lessons      |
| 19:00 - 20:00               | AU Triathlon Club (3 lanes) |
| 19:00 - 20:00               | City of Soton Swim Club     |
| 20:00 - 21:00               | AU Swim Club Competitive    |
| 21:00 - 22:00               | AU Canoe Club               |