

exercise class programme

Brookwood Country Park

Accurate as of 08/05/2024

Times for Monday 29 April



Time	Session	Facility	Level
5:00 pm - 5:45 pm	Junior Indoor Cycling	studio	
6:00 pm - 6:45 pm	Freedom Indoor Cycling & Circuits	studio	
7:00 pm - 8:00 pm	Functional Fitness	sports hall	