

# exercise class programme

## Goldsworth Park

Accurate as of 26/04/2024

### Times for Saturday 25 September



Time	Session	Facility	Level
8:30 am - 9:15 am	Freedom Indoor Cycling	dance studio	
9:15 am - 10:00 am	Freedom Indoor Cycling	dance studio	
10:00 am - 11:00 am	Pilates	Gymnasium	