

exercise class programme

Goldsworth Park

Accurate as of 23/04/2024

Times for Saturday 20 April



Time	Session	Facility	Level
8:30 am - 9:15 am	Freedom Indoor Cycling	dance studio	
9:15 am - 10:00 am	Freedom Indoor Cycling	dance studio	
10:00 am - 11:00 am	Pilates	Gymnasium	