

swimming pool programme

Goldsworth Park

Accurate as of 25/04/2024

Times for Thursday 23 September



| Time | Session | Facility | Level |
|--------------------|---------------|-----------|-------|
| 6:15 am - 8:30 am | Adult Swim | main pool | |
| 9:00 am - 1:00 pm | School Use | main pool | |
| 1:15 pm - 2:00 pm | Aqua Aerobics | main pool | |
| 2:15 pm - 3:45 pm | School Use | main pool | |
| 4:00 pm - 6:00 pm | Open Swim | main pool | |
| 6:00 pm - 8:00 pm | Swim Club | main pool | |
| 8:00 pm - 9:00 pm | Sub Aqua Club | main pool | |
| 9:00 pm - 10:00 pm | Adult Swim | main pool | |