

exercise class programme

Chirk Leisure & Activity Centre

Accurate as of 07/05/2024

Times for Thursday 30 June			
Time	Session	Facility	Level
17:30 - 18:15	Seiclo dan do / Indoor Cycling	Neuadd Chwareuon Sports Hall	
18:30 - 19:30	Les Mills BODYCOMBAT™	Neuadd Chwareuon Sports Hall	