

Group Exercise Classes

Atherton Leisure Centre

Accurate as of 24/04/2024

Times for Tuesday 12 October



Time	Session	Facility	Instructor	Level
09:30 - 10:30	LesMills BODYCOMBAT	Studio 1	Gosia	All
11:00 - 12:00	Yoga	Studio 1	Anya	All
18:00 - 19:00	LesMills BODYPUMP	Studio 1	Melissa O	All