Group Exercise Classes

Atherton Leisure Centre

Accurate as of 26/04/2024

Times for Sunday 26 June

Time	Session	Facility	Instructor	Level
09:15 - 10:15	LesMills BODYCOMBAT	Studio 1	Gosia	All
10:00 - 10:30	Total Body 360	Gym	Fitness Instructor	All
10:30 - 11:30	Group Cycle	Studio 1	Paul	All
12:00 - 13:00	LesMills BODYPUMP	Studio 1	Paul	All