Group Exercise Timetable Mountfitchet Romeera Leisure Centre

Accurate as of 17/05/2024

Times for Sunday 28 April				(
Time	Session	Facility	Туре	
9:00 am - 10:00 am	Body Pump	Studio	Body Conditioning	
10:15 am - 11:00 am	Group Cycle	Studio	Aerobic	