

public swimming programme

Arun Leisure Centre

Accurate as of 28/04/2024

Times for Monday 6 December



| Time | Session | Facility | Level |
|--------------------|---------------------|---------------|-------|
| 6:30 am - 9:30 am | Open Swim (3 lanes) | main pool | |
| 9:00 am - 10:00 am | Open Swim | teaching pool | |
| 9:30 am - 10:15 am | Pool Closed | main pool | |
| 10:00 am - 2:45 pm | Pool Closed | teaching pool | |
| 10:15 am - 3:40 pm | Open Swim (3 lanes) | main pool | |
| 2:45 pm - 3:40 pm | Open Swim | teaching pool | |
| 3:40 pm - 6:00 pm | Pool Closed | main pool | |
| 3:40 pm - 10:00 pm | Pool Closed | teaching pool | |
| 6:00 pm - 7:15 pm | Open Swim (3 lanes) | main pool | |
| 7:15 pm - 8:00 pm | Pool Closed | main pool | |
| 8:00 pm - 8:30 pm | Open Swim (3 lanes) | main pool | |