

public swimming programme

Arun Leisure Centre

Accurate as of 28/04/2024

Times for Sunday 19 December



Time	Session	Facility	Level
7:30 am - 8:30 am	Open Swim (3 lanes)	main pool	
8:00 am - 11:30 am	Pool Closed	teaching pool	
8:30 am - 12:30 pm	Open Swim (2 lanes)	main pool	
12:00 pm - 5:00 pm	Open Swim	teaching pool	
12:15 pm - 5:00 pm	Open Swim with Lanes	main pool	
5:00 pm - 10:00 pm	Pool Closed	main pool	
5:00 pm - 10:00 pm	Pool Closed	teaching pool	