

public swimming programme

Arun Leisure Centre

Accurate as of 11/09/2026

Times for Sunday 13 September			
Time	Session	Facility	Level
7:30 am - 8:30 am	Open Swim (3 lanes)	main pool	
8:30 am - 12:30 pm	Open Swim (2 lanes)	main pool	
9:00 am - 6:00 pm	Little Splashers under 8	teaching pool	
12:00 pm - 4:00 pm	Slide / Flume Available	teaching pool	
12:30 pm - 4:30 pm	Open Swim (3 lanes)	main pool	
4:30 pm - 7:00 pm	Open Swim (1 lane)	main pool	
6:00 pm - 10:00 pm	Pool Closed	teaching pool	
7:00 pm - 7:45 pm	Open Swim (3 lanes)	main pool	
7:45 pm - 8:30 pm	Open Swim (1 lane)	main pool	
8:30 pm - 10:00 pm	Pool Closed	main pool	