

Swim Timetable

Life Leisure Grand Central

Accurate as of 03/05/2024

Times for Monday 19 August



Time	Session	Facility
06:30 - 09:45	50m Lane Swimming (4 Lanes)	Main Pool
09:30 - 10:00	Baby Splash / Little Splashers	Splash Pool
09:45 - 10:15	CLOSED	Main Pool
10:15 - 12:00	Ladies Only Swim (Section of Pool)	Main Pool
10:15 - 13:00	Public Swim	Main Pool
10:15 - 13:00	Public Swim	Splash Pool
10:15 - 13:00	Slides & Swim	Slides
13:00 - 13:30	CLOSED	Main Pool
13:00 - 13:30	CLOSED	Splash Pool
13:30 - 15:30	Fun Swim	Main Pool
13:30 - 15:30	Public Swim	Splash Pool
13:30 - 15:30	Slides & Swim	Slides
15:30 - 16:00	CLOSED	Main Pool
15:30 - 16:00	CLOSED	Splash Pool
16:00 - 18:00	Public Swim	Splash Pool
16:00 - 18:00	Slides & Swim	Slides
16:00 - 20:00	Public Swim	Main Pool
20:00 - 22:00	Adult Only Swimming	Main Pool