


Swim Timetable

Life Leisure Grand Central

Accurate as of 17/05/2024

Times for Wednesday 28 August			
Time	Session	Facility	
06:30 - 09:45	50m Lane Swimming (4 Lanes)	Main Pool	
06:30 - 13:30	CLOSED	Splash Pool	
09:30 - 10:00	Baby Splash / Little Splashers	Main Pool	
09:45 - 10:15	CLOSED	Main Pool	
10:15 - 12:00	50+ Swimming (Far Side)	Main Pool	
10:15 - 13:00	Public Swim	Main Pool	
13:00 - 13:30	CLOSED	Main Pool	
13:30 - 15:30	Fun Swim	Main Pool	
13:30 - 15:30	Public Swim	Splash Pool	
13:30 - 15:30	Slides & Swim	Slides	
15:30 - 16:00	CLOSED	Main Pool	
15:30 - 16:00	CLOSED	Splash Pool	
16:00 - 18:00	Public Swim	Splash Pool	
16:00 - 18:00	Slides & Swim	Slides	
16:00 - 20:00	Public Swim	Main Pool	
20:00 - 22:00	Adult Only Swimming	Main Pool	
21:05 - 22:05	Stockport Metro Masters Swimming	Main Pool	