

Swim Timetable

Life Leisure Grand Central

Accurate as of 02/05/2024

Times for Wednesday 28 August



| Time | Session | Facility |
|---------------|----------------------------------|-------------|
| 06:30 - 09:45 | 50m Lane Swimming (4 Lanes) | Main Pool |
| 06:30 - 13:30 | CLOSED | Splash Pool |
| 09:30 - 10:00 | Baby Splash / Little Splashers | Main Pool |
| 09:45 - 10:15 | CLOSED | Main Pool |
| 10:15 - 12:00 | 50+ Swimming (Far Side) | Main Pool |
| 10:15 - 13:00 | Public Swim | Main Pool |
| 13:00 - 13:30 | CLOSED | Main Pool |
| 13:30 - 15:30 | Fun Swim | Main Pool |
| 13:30 - 15:30 | Public Swim | Splash Pool |
| 13:30 - 15:30 | Slides & Swim | Slides |
| 15:30 - 16:00 | CLOSED | Main Pool |
| 15:30 - 16:00 | CLOSED | Splash Pool |
| 16:00 - 18:00 | Public Swim | Splash Pool |
| 16:00 - 18:00 | Slides & Swim | Slides |
| 16:00 - 20:00 | Public Swim | Main Pool |
| 20:00 - 22:00 | Adult Only Swimming | Main Pool |
| 21:05 - 22:05 | Stockport Metro Masters Swimming | Main Pool |