


Swim Timetable

Life Leisure Grand Central

Accurate as of 02/05/2024

Times for Wednesday 23 October			
Time	Session	Facility	
06:30 - 09:45	50m Lane Swimming	Main Pool	
09:30 - 10:00	Swim Tots Lessons	Splash Pool	
09:45 - 10:15	CLOSED	Main Pool	
10:00 - 10:30	Baby Splash	Splash Pool	
10:15 - 12:00	50+ Swimming	Main Pool	
11:30 - 18:00	Public Swim	Splash Pool	
12:00 - 15:00	Fun Swim	Main Pool	
12:00 - 18:00	Slides & Swim	Slides	
12:00 - 20:00	Public Swim	Main Pool	
12:05 - 13:05	Swim Fit	Main Pool	
16:00 - 21:05	Stockport Metro Coaching	Main Pool	
20:00 - 22:00	Adult Only Swimming	Main Pool	
21:05 - 22:05	Stockport Metro Masters Swimming	Main Pool	