# Swim Timetable

## Life Leisure Grand Central

**Accurate as of 12/10/2024**

**Times for Friday 25 October**

| Time | Session | Facility |
|---|---|---|
| 06:30 - 09:45 | 50m Lane Swimming | Main Pool |
| 09:30 - 10:00 | Swim Tots Lessons | Splash Pool |
| 09:45 - 10:15 | CLOSED | Main Pool |
| 10:00 - 10:30 | Baby Splash | Splash Pool |
| 10:15 - 18:30 | Public Swim | Main Pool |
| 10:30 - 11:00 | Little Splashers | Splash Pool |
| 11:30 - 18:00 | Public Swim | Splash Pool |
| 12:00 - 15:00 | Fun Swim | Main Pool |
| 12:00 - 16:00 | Slides & Swim | Slides |
| 12:05 - 13:05 | Swim Fit | Main Pool |
| 16:00 - 18:35 | Stockport Metro Coaching | Main Pool |
| 18:30 - 19:00 | CLOSED | Main Pool |
| 19:00 - 21:05 | Stockport Metro Coaching | Main Pool |
| 19:00 - 21:05 | Stockport Metro Masters Swimming | Main Pool |
| 19:00 - 22:00 | 50m Lane Swimming | Main Pool |
| 21:05 - 22:00 | Private Hire Available | Main Pool |