

Swim Timetable

Life Leisure Grand Central

Accurate as of 20/05/2024

Times for Monday 22 April



Time	Session	Facility
06:30 - 07:15	50m Lane Swimming (3 Lanes)	Main Pool
07:15 - 08:00	50m Lane Swimming	Main Pool
08:00 - 08:45	50m Lane Swimming	Main Pool
09:30 - 11:55	School Swimming	Main Pool
10:00 - 11:00	Ladies Only Swim	Main Pool
11:50 - 12:50	25m Lane Swimming	Main Pool
12:05 - 13:05	Family Swim	Splash Pool
13:25 - 14:35	School Swimming	Main Pool
14:00 - 15:00	25m Lane Swimming	Main Pool
15:55 - 18:00	Stockport Metro Swimming Lessons	Main Pool
16:00 - 21:05	Stockport Metro Performance	Main Pool
16:15 - 21:05	Stockport Metro Performance (4 Lanes)	Main Pool