## **Avondale Swimming Timetable**Life Leisure Avondale

Accurate as of 10/04/2024

| Times for Monday 21 October |  |          |
|-----------------------------|--|----------|
| Time                        | Session  | Facility |
| 07:00 - 08:30               | Early Morning Swim                                 | Pool     |
| 09:00 - 12:00               | Public Swim  | Pool     |
| 09:00 - 12:00               | Stockport Metro Crash Course Lessons (Double Lane) | Pool     |
| 09:30 - 10:00               | Swim Tots Lessons                                  | Pool     |
| 10:00 - 10:45               | Baby Splash  | Pool     |
| 12:15 - 13:00               | PARiS Aqua   | Pool     |
| 13:00 - 14:30               | lifeLEISURE Kids Holiday Camp                      | Pool     |
| 15:00 - 16:25               | Public Swim  | Pool     |
| 15:30 - 16:30               | Stockport Metro Swimming Lessons (1/2 Pool)        | Pool     |
| 16:30 - 18:00               | Stockport Metro Swimming Club                      | Pool     |
| 18:15 - 19:00               | Aqua Fit   | Pool     |
| 19:00 - 21:30               | Public Swim  | Pool     |