


Cheadle Swimming Pool Timetable

Life Leisure Cheadle

Accurate as of 13/05/2024

| Times for Monday 19 August | | |  |
|----------------------------|---|------------|---|
| Time | Session | Facility | |
| 06:30 - 08:30 | Early Bird Swim | Main Pool | |
| 09:00 - 12:00 | Stockport Metro Crash Course Lessons | Small Pool | |
| 09:15 - 10:00 | Aqua Aerobics | Main Pool | |
| 09:30 - 11:00 | lifeLEISURE Kids Holiday Camp (Double Lane) | Main Pool | |
| 10:00 - 11:00 | Public Swim | Main Pool | |
| 11:00 - 11:30 | Stockport Metro Crash Course Lessons | Main Pool | |
| 12:00 - 12:30 | Baby Splash | Small Pool | |
| 12:00 - 13:30 | Adult Lane Swimming | Main Pool | |
| 12:30 - 13:30 | Public Swim | Small Pool | |
| 13:45 - 15:00 | Inflatable Fun Swim | Main Pool | |
| 13:45 - 15:00 | Fun Session | Small Pool | |
| 15:00 - 17:00 | Stockport Metro Crash Course Lessons (1/2 Pool) | Small Pool | |
| 15:30 - 18:30 | Public Swim | Main Pool | |
| 15:50 - 18:00 | Public Swim | Small Pool | |
| 18:40 - 19:25 | Aqua Aerobics | Main Pool | |
| 19:30 - 21:30 | Adult Only Swimming | Main Pool | |