

Cheadle Swimming Pool Timetable

Life Leisure Cheadle

Accurate as of 18/04/2024

Times for Monday 16 December



Time	Session	Facility
06:30 - 08:30	Early Bird Swim	Main Pool
09:15 - 10:00	Aqua Aerobics	Main Pool
11:30 - 12:00	Stockport Metro Adult Swimming Lessons (1/2 Pool)	Main Pool
11:30 - 12:00	Swim Fit (1/2 Pool)	Main Pool
11:30 - 12:30	Baby Splash / Little Splashers	Small Pool
12:00 - 13:30	Adult Lane Swimming	Main Pool
12:00 - 13:35	Swim Tots Lessons (1/2 Pool)	Small Pool
12:30 - 13:30	Public Swim (1/2 Pool)	Small Pool
13:30 - 15:00	Public Swim	Main Pool
15:50 - 18:30	Public Swim (1/2 Pool)	Main Pool
15:50 - 19:00	Stockport Metro Swimming Lessons (1/2 Pool)	Main Pool
15:50 - 19:00	Stockport Metro Swimming Lessons	Small Pool
18:40 - 19:25	Aqua Aerobics (1/2 Pool)	Main Pool
19:00 - 20:30	Stockport Metro Adult Swimming Lessons	Main Pool
19:30 - 21:30	Adult Only Swimming (1/2 Pool)	Main Pool
20:30 - 21:30	Swim Fit	Main Pool