

Cheadle Swimming Pool Timetable

Life Leisure Cheadle

Accurate as of 05/05/2024

Times for Wednesday 18 December			
Time	Session	Facility	
06:30 - 08:30	Early Bird Swim	Main Pool	
09:15 - 09:45	Little Splashers	Small Pool	
09:30 - 10:15	Aqua Aerobics	Main Pool	
09:45 - 10:15	Swim Tots Lessons	Small Pool	
10:15 - 10:45	Baby Splash	Small Pool	
10:20 - 11:15	50+ Swimming	Main Pool	
11:00 - 12:45	Public Swim	Small Pool	
11:15 - 11:30	Stockport Metro Adult Swimming Lessons (1/2 Pool)	Main Pool	
12:00 - 13:30	Adult Lane Swimming	Main Pool	
12:45 - 13:15	Baby Splash	Small Pool	
13:15 - 14:45	Swim Tots Lessons	Small Pool	
13:30 - 15:00	Public Swim	Main Pool	
13:45 - 15:00	Public Swim (1/2 Pool)	Small Pool	
15:50 - 19:30	Stockport Metro Swimming Lessons (1/2 Pool)	Main Pool	
15:50 - 19:30	Public Swim (1/2 Pool)	Main Pool	
15:50 - 19:30	Stockport Metro Swimming Lessons	Small Pool	
19:30 - 20:30	Disabled Swimming Club	Main Pool	
19:30 - 20:30	Synchronised Swimming	Main Pool	
20:30 - 21:30	Ladies Only Swim	Main Pool	