


# Hazel Grove Swimming Timetable

## Life Leisure Hazel Grove

Accurate as of 06/05/2024

Times for Monday 21 October			
Time	Session	Facility	
06:00 - 08:30	Early Bird Swim	Main Pool	
06:00 - 08:30	Early Bird Swim	Small Pool	
09:00 - 12:00	Stockport Metro Crash Course Lessons (1 Lane)	Main Pool	
09:00 - 12:00	Stockport Metro Crash Course Lessons	Small Pool	
09:00 - 18:45	Public Swim	Main Pool	
16:00 - 20:45	Stockport Metro Swimming Lessons (2 Lanes)	Main Pool	
16:00 - 20:45	Stockport Metro Swimming Lessons	Small Pool	
19:00 - 19:45	Aqua Aerobics	Main Pool	
19:45 - 20:45	Ladies Only Swim	Main Pool	
20:45 - 21:45	Adult Only Swimming	Main Pool	