

# Romiley Swimming Timetable

## Life Leisure Romiley

Accurate as of 02/05/2024

### Times for Monday 19 August



Time	Session	Facility
06:30 - 08:30	Early Bird Swim	Main Pool
08:30 - 09:15	Stockport Metro Crash Course Lessons	Main Pool
09:30 - 10:00	Stockport Metro Crash Course Lessons (1/2 Pool)	Small Pool
09:30 - 11:35	Stockport Metro Crash Course Lessons (Double Lane)	Main Pool
09:30 - 11:45	Public Swim	Main Pool
09:30 - 19:00	Public Swim	Small Pool
10:00 - 10:30	Baby Splash / Little Splashers (1/2 Pool)	Small Pool
10:35 - 11:05	Stockport Metro Crash Course Lessons (1/2 Pool)	Small Pool
11:45 - 12:30	Aqua Aerobics	Main Pool
12:30 - 13:45	Public Swim (Adult Lane Swim - 2 Lanes)	Main Pool
14:00 - 15:00	Inflatable Fun Swim	Main Pool
15:00 - 19:00	Public Swim (Adult Lane Swim - 2 Lanes)	Main Pool
17:00 - 17:30	Stockport Metro Swimming Lessons (1/2 Pool)	Small Pool
19:00 - 19:45	Disabled Swimming (1/2 Pool)	Main Pool
19:00 - 19:45	50+ Swimming (1/2 Pool)	Main Pool
19:45 - 20:30	Aqua Aerobics	Main Pool
20:30 - 21:30	Swimming Club	Main Pool