


Romiley Swimming Timetable

Life Leisure Romiley

Accurate as of 30/04/2024

Times for Tuesday 22 October			
Time	Session	Facility	
06:30 - 08:30	Early Bird Swim (2 Lanes)	Main Pool	
09:00 - 10:00	Adult Only Swimming	Main Pool	
09:30 - 10:00	Stockport Metro Crash Course Lessons (1/2 Pool)	Small Pool	
09:30 - 11:35	Stockport Metro Crash Course Lessons (1 Lane)	Main Pool	
09:30 - 19:30	Public Swim	Small Pool	
10:00 - 10:30	Baby Splash / Little Splashers (1/2 Pool)	Small Pool	
10:00 - 11:00	50+ Swimming	Main Pool	
10:35 - 11:35	Stockport Metro Crash Course Lessons (1/2 Pool)	Small Pool	
11:10 - 11:55	Aqua Aerobics	Main Pool	
12:00 - 15:45	Public Swim (Adult Lane Swim - 2 Lanes)	Main Pool	
15:55 - 18:45	Stockport Metro Swimming Lessons	Main Pool	
18:45 - 19:30	Public Swim (Adult Lane Swim - 2 Lanes)	Main Pool	
19:30 - 21:45	Swimming Club	Main Pool	