

# Activity Timetable

## Impulse Leisure - Belhus Park Golf Club & Leisure Centre

Accurate as of 13/07/2025

Times for Saturday 7 August			
Time	Session	Facility	Type
9:15 am - 10:00 am	Group Cycling	Group Cycling	Cardio/ Fat Burners
9:30 am - 10:30 am	Junior Fitness Fun	Studio	Junior