Activity Timetable Impulse Leisure - Corringham

Accurate as of 05/07/2025

Times for Saturday 7 November			•
Time	Session	Facility	Туре
9:00 am - 9:45 am	Group Cycling	Studio	Cardio/ Fat Burners
10:00 am - 11:00 am	Total Pump	Studio	Cardio/ Fat Burners