myride programme Bexhill Leisure Centre

Accurate as of 13/05/2024

Times for Tuesday 2 March			©
Time	Session	Facility	Level
9:30 am - 10:25 am	Aerobics	dance studio	
10:30 am - 11:25 am	Barre Concept	dance studio	
6:15 pm - 7:00 pm	Coach by Colour Indoor Cycling	indoor cycling studio	
7:30 pm - 8:25 pm	Legs, Bums & Tums	dance studio	